

8. Since your symptoms began, have they: Improved___ Worsened___ Stayed the same___

9. Are your symptoms constant? Yes _____ No _____

If there are Any times or positions when you do not experience your pain/discomfort

(e.g. after exercising or resting, while sleeping),

Please explain _____

10. What aggravates your current symptoms (physical overuse, mental stress, prolonged sitting, standing, bending)? _____

11. Is your sleep disturbed by these symptoms? Yes ___ No ___ Sometimes ___

12. Have you done anything to try to help or relieve your complaint, such as bed rest, heat, cold, aspirin, medications, sitting, lying down, or other? Please describe.

13. Have you ever-received treatment for this condition? No _____ Yes _____

If yes, whom did you see? _____

Where were you seen? _____

Were x-rays taken? No _____ Yes _____ (Where?) _____

What type of treatment was done? _____

How much did it help? [0 ----- 10]

No improvement

Full improvement

14. Please put a mark on the scale to show how bad your usual discomfort has been recently.

If you are describing more than one symptom, indicate the level of pain for each symptom.

0 1 2 3 4 5 6 7 8 9 10

No Pain

Extreme Pain

15. Have you seen a doctor of chiropractic or osteopath for any other conditions?

No _____ Yes _____ If yes, please describe. _____

16. Are you aware of any blood relatives (your parents, brothers, or sisters) with similar discomfort or conditions? No _____ Yes _____

If yes, please describe. _____

17. Are your symptoms the result of an auto accident, work injury or other personal

injury? Auto accident _____ Work related _____ Other _____

I hereby authorize doctors and staff of Rapha Spine & Neuro Center to examine, diagnose, and treat me (my dependent/minor child), and to take any necessary x-rays that are clinically indicated.

Patient's Signature: X _____ Date: _____